

# Talking about Race

Great conversations begin with good questions. Make your next gathering more memorable by sprinkling in some of our favorite questions from the Conversation Guide library. You can try asking them at the dinner table, in the car, even over Zoom.

## Conversation Agreements

Be curious and listen to understand.

Show respect and suspend judgment.

Note any common ground as well as any differences.

Be authentic and welcome that from others.

Be purposeful and to the point.

Own and guide the conversation.

*These questions cover a lot of ground. No pressure to get through all of them in one sitting. It might take multiple conversations. Choose as many or as few as whatever works for your time and setting.*

- Do you feel your race impacts your daily life? If so, how?
- Were conversations about race a part of your upbringing?
- How have recent events opened your mind to a perspective you hadn't considered before? How do you challenge yourself to stay open and continue to learn?
- Where do you see yourself within the context of the racial justice movement? What does that mean to you?
- What would help you feel more empowered to address racial equity?
- How has Anti-Asian sentiment surfaced in your personal experience over the years? How has it changed over the years?
- Have you encountered being wrong or corrected in your work against racism? What was that like for you? If you haven't had this experience, how will you deal with it when it happens?
- Think of those times when you were successful in interrupting racism and those times when you allowed a racist act or comment to go unchallenged. What happened? What helped you to act or kept you from acting? What new learnings emerged from those experiences?
- What does Juneteenth mean to you? How do you celebrate it?
- What would a society that values racial and ethnic differences look like? What hopes and fears come up for you thinking about that society?

*Want more guidance for connecting? Check out our Friends and Family Conversation Tips!  
[livingroomconversations.org/friends-and-family-guide/](https://livingroomconversations.org/friends-and-family-guide/)*